

**LEVELS OF EMOTIONAL
AWARENESS SCALE FOR CHILDREN
(LEAS-C)**

Name _____

Male Female

Age _____

Grade _____ School _____

Today's date/...../.....
 Day Month Year

Directions

Over the page different situations are described. Each situation involves two people – yourself and another person. Please describe how you would feel in these situations. Please describe how you think the other person would feel. You must use the word “feel” in your answers. It doesn't matter if your answer is short or long. It doesn't matter if the words are spelt incorrectly. There is no right or wrong answer. Just remember to write about how you and the other person would feel.

1. You are running in an important race with a friend you have trained with for some time. As you get close to the finish line you twist your ankle, fall to the ground and can't continue. Your friend goes on to win the race. How would you feel? How would your friend feel?

2. You and your mom are coming home at night. As you turn onto your block you see fire trucks parked near your home. How would you feel? How would your mom feel?

3. You and your friend decide to save your pocket money and buy something special together. A few days later your friend tells you that he has changed his mind and has spent his money. How would you feel? How would your friend feel?

4. Someone who has said nasty things about you in the past comes up to you and says something really nice. How would you feel? How would the other person feel?

5. Your dad tells you that the family dog has been run over by a car and that the vet has to put the dog down. How would you feel? How would your dad feel?

6. You and a whole lot of other kids are running around at lunchtime. You and another kid crash into each other and you both fall down hard to the ground. How would you feel? How would the other kid feel?

7. The dentist tells you that you have some problems with your teeth that need to be fixed immediately. The dentist makes an appointment for you to come back the next day. How would you feel? How would the dentist feel?

8. Your teacher tells you that your work is not acceptable and must improve. How would you feel? How would your teacher feel?

9. You have become very good friends with the new kid in class. You hang around together a lot and feel you know each other really well. One day she invites you over to her house. You discover that her family is really rich and that your friend has everything you have ever wanted. She tells you that she kept this a secret because she thought kids would only be interested in her for her money. How would you feel? How would your friend feel?
10. The teams are being chosen and most of the players have been picked. There are two kids left over and you are one of them. But they only need one more player. How would you feel? How would the other kid feel?

11. Your friend is sharing some chips with you and some other kids. You notice he is giving more chips to the other kids than to you. How would you feel? How would your friend feel?

12. Your best friend comes over to see you after being away for several weeks. How would you feel? How would your friend feel?